VOL. 8 | SEPTEMBER 2021



La Perle Community Newsletter



Getting back to normal

We're eager to re-open the hall for some activities, but we need to ensure the safety of our staff and participants. Please be patient with us.

Email any questions or requests to laperle@laperle-community.ca

Mark your Calendars!

Community League Day is September 18th, 2021

- Community League Day
- Membership Benefits
- Big Bin Event
- Open for Business
- La Perle Community Playschool
- Get Neighboring
- Neighborhood Engagement
- Bike Index
- Drive Safe
- Be Coyote Safe

Facebook: LaPerle Community League Twitter: @LaPerleCommLeag

La Perle Community Hall 18611 - 97A Avenue Phone: 780-486-4426 Email: laperle@laperle-community.ca www.laperle-community.ca

Community League Day 2021



What is a Community League?

Community Leagues are a volunteer, not-for-profit organization formed to meet the unique needs and interests of the community it serves.

The role of the Community League:

- Speak on behalf of community league members
- Report on behalf of all residents within the Community League's specified geographical area
- Bring neighbors together
- Provide recreation and social programs
- Develop amenities
- Represent community interests to government and other organizations

Did you know that 2021 marks a milestone 100 years of Community Leagues in Edmonton?





Join us on Saturday, September 18th for Community League Day!

Visit our website, and follow our Facebook page for up to date details of our Community League Day celebrations - including a Big Bin, Family Movie Night and Fireworks!

If you're interested in lending a hand in helping us make this year's event a success, please contact us laperle@laperlecommunity.ca

Our ultimate goal as your Community League is to help create a healthy, vibrant, connected neighborhood you feel proud to call home! We want to hear from you, let us know what kind of amenities, services, and programs you want to see in La Perle.



Membership Perks

With the purchase of your Community League membership you're supporting your neighborhood.

If you live between 179 St. to 190 St. bordering between 95 Ave. and 99 A. Ave. or within Terra Losa, then you are considered a La Perle Resident

- Vote at our Annual General Meetings. Two

 (2) Votes per Family Membership. One (1)
 Vote per Single Membership at our Annual
 Town Hall Meeting in April (Member in good standing for 6 months) Must have
 Membership to be on the Board
- Register for Indoor and Outdoor Soccer, Basketball and La Perle Playschool
- Free skating at EFCL Rinks with skate tags
- La Perle Member Prices on Hall Rentals (must have held a membership from the previous year as well)
- Reduced rates for La Perle Sponsored Community League Events / Classes
- Community League Day in September, Big Bin Event, Fireworks presentation and more!
- Green Shack at the La Perle Playground during the months of July and August – a joint venture with the City of Edmonton
- Free Community Swim at Jasper Place Pool, Sundays 4-6pm.
- Eligibility for Today's Dental \$1,000 post secondary scholarship. Must apply by the end of October.

Memberships are \$35/Family or \$20/Adult Purchase online at efcl.org, or contact our membership director at membership@lpcl.ca

Save Money - Support Local!

- Save \$50 off the Full Course at A&J Driving School. Proof of membership req.
- Save 25% off the first tutoring session with each child at Bird's Eye Tutoring. Proof of membership req.
- 20% off Pick up orders of \$50 or more at Jam's Pizza. One for each member, proof of membership req. when ordering.
- Save \$10-\$12 per ticket on groups minimum of 2 on shows Wednesday - Sunday at Jubilations Dinner Theatre. Proof of membership req. when booking
- Present your membership for 10% off passes at House of Wheels.
- Various discounts at Orbis Sports contact for for details
- Save 10% on furnace and duct cleaning (-\$19.95 Enviro charge) with Acclaimed Heating and Cooling
- Reduced rates for City of Edmonton Wellness Facilities
- Wholesale pricing at any Cloverdale Paint location
- 10% off lawn care and snow removal with Yardly
- 25% off select courses through the U of A Technology Training Center
- 10% off large format printing at the U of A Campus Design and Print Solutions
- 10% U of A crested clothing





Community League Members can drop off household waste at our Big Bin Event on Saturday, September 18th, 2021 from 9 am to 2 pm (or until the bin is full) 18611 - 97A Avenue.

We will be accepting the following:

Household waste Furniture desks, tables, chairs, etc Yard debris Scrap wood Concrete only brick size or smaller

Active Community League Membership is required to participate in the Event.

Purchase a 2022 membership on site the day of the event, or go online to www.efcl.org

laperle-community.ca

Please do not bring the following:

Appliances or Electronics Pressurized containers like aerosol cans, oxygen tanks, fire extinguishers Paint can, paint pails, or any paint container Lightbulbs/Flourescent tubes Chemical waste/Hazardous waste/Petroleum waste or containers Contaminated topsoil or clay Mattresses Railway Ties Batteries Tires

We Are Open for Business

It's been a while La Perle, we missed you!

We're excited to announce that we *are* once again open for bookings. But we need to take a cautious approach to maintain the health and safety of our staff and visitors.

If you're interested in making a reservation, visit our website laperle-community.ca/hall-rental to fill out a Hall Rental Inquiry form, or email Facilities Manager Cathy at laperle@laperle-community.ca.



September Classes

AKF Karate
Mondays & Wednesdays

Classes are based on age "Little Dragons" (age 5-7), Children (age 8-11), Youth (Age 12-15), and Adults (age 15+ with no upper age limit).

Ohtsuka Amateur Karate Foundation (AKF) www.akfkarate.com

For further information about class times, fees, and pre-registration, contact: Sensei Edna or Don Chan at egchan@shaw.ca or phone 780-481-3153



Hatha Yoga with Val Tuesdays

6 pre-registered sessions: Sep 7 – 28, Oct 12 & 19 2021 6:45 - 7:45pm

Large room and small class sizes allows for physical distancing. Students are required to bring their own yoga mat & props. These classes are open to all levels.

To register contact Val Spak 780-945-9507 or wisewarriorsyoga@gmail.com



Zumba Thursdays

6:30 - 7:30pm

Latin-inspired, easy-tofollow, calorie-burning, dance-fitness party is the most fun you can have exercising. Join the party! Open to men and women ages 16+.

Reduced rates for La Perle members!

Contact Leah for questions or to sign up at 780-910-7657





18715 - 97A Avenue Edmonton, AB



La Perle Community Playschool is accepting registrations for the 2021-2022 school year!

3-Year-Old Program: Mondays & Tuesdays (9:00am-11:15am or 12:45pm-3:00pm) First Day of Class: September 13th, 2021 4-Year-Old Program: Wed, Thurs & Fri (9:00am-11:15am or 12:45pm-3:00pm) First Day of Class: September 15th, 2021

Highlights of the Program include:

- "Learn Through Play" philosophy with core subject and emergent literacy/numeracy learning embedded within the program
 - Kindergarten readiness skill development
- A non-profit parent-cooperative, allowing families to play a crucial role in their child's education through volunteering
- Fun, developmentally appropriate themes to enhance learning
- Located inside LaPerle Elementary school, allowing strong relationships and easy transitions for students and their families
- Child-centered, holistic approach to management, teaching, and learning
 - Over 35 years combined teacher experience
 - Subsidy is available for eligible families

Check our website or contact our Registrar for further details: **laperleplayschool.com**

Phone: 1-866-927-6020

Email: laperle.community.playschool@gmail.com

Get Neighboring!

It can be as easy as saying "hello", but it's the first step in building valuable relationships with your neighbors that can last a lifetime.

Having a sense of connection to those around you lowers stress and improves quality of life.

Benefits of Neighboring

Increased Care of Neighbors

• Awareness and activation of the diverse needs, skills, and experiences of residents

• Neighbors helping neighbors; everyone contributing to neighborhood life according to their interests and abilities

• Watching out for each other. Creating a village for children to grow and play; looking in on seniors and others who can use additional care

• Better overall mental and physical health through new opportunities for relationships and recreation.

Increased Care of Shared Spaces – The Environments We Call Home

- Increased block identity and pride
- Sense of shared ownership and responsibility for local infrastructure like open parkland, playgrounds, community gardens and public buildings

• Alignment with movement to 'Think Global - Act Local'; promoting local food, water and energy security - reducing environmental footprint



Increased Social and Cultural Awareness

- Increased sense of belonging
- Local and accessible companionship and friendship
- More groups to join for recreation, fun, education and social time within the neighborhood
- Opportunity to know people from a wide variety of cultures, backgrounds, experiences and ages
- Opportunity for intergenerational relationships

Increased Safety

- Increased safety on the block and in the neighborhood quick help nearby when you need it
- "Stranger Danger" decreases as children learn the names of neighbors and residents get to know more about each other
- Residents are able to watch out for each other with insights about each other's needs and schedules

Shared Knowledge, Creativity, & Innovation

• Collective wisdom, guidance, ideas and innovation from broad perspectives shared among neighbors

Neighborhood Empowerment Team

We all deserve to live in a safe community and city, but there can be many things that impact our perceptions of safety. One of the challenges is that the things that can make us feel unsafe, are the ones that often go unreported. These can include things like a vehicle that appears to be abandoned, graffiti or an unkept property. It can also be suspicious activity such as someone approaching vehicles and trying door handles or peering in house or garage windows. It could be a vehicle driving through the area over and over at odd hours or a broken window. It can be easier for you to recognize when something seems out of the ordinary because you are most familiar with your community. These types of occurrences can be unnerving and when they go unreported we put the police at a disadvantage because they rely on us to tell them what seems out of the ordinary. Your report is a valuable piece of information, and each time you report, the chances of preventing or solving a crime improves.

Here is how you can help:

• Get to know your neighbours and the vehicles that belong in your neighbourhood. When you know the people who are from your area you are better able to know when a car or person appears to be out of the ordinary.

• Pay attention to your surroundings as you move through the neighborhood; note the little details like an open garage door or back gate. Be aware of potential hiding spots, recent vandalism, burned out street lights or unsightly garbage.

• Stay up to date on reported crimes in your area by accessing the Edmonton Police Service's Neighborhood Crime Mapping tool.

- Take action, if you see something unusual;
- Call 9-1-1 if it is an emergency where life, safety or property is in immediate danger or there is a crime in progress.
- Call the non-emergency line with concerns or information on a previous crime 780-423-4567 or #377 (on mobile devices).
- Remember that certain crimes, like theft from a vehicle or damage to property, can be reported online at edmontonpolice.ca or by using the EPS Mobile App.
- Graffiti, burned out street lights, unsightly or unkempt properties can be reported to the City of Edmonton by calling 3-1-1 or the Edmonton311 App.
- Share the information you have on crime prevention strategies, such as in the Crime Prevention Through Environmental Design (CPTED) Guide, contact net@edmonton.ca for a copy.
- Let your neighbors know when their gate or garage door is open or if there is something that makes their property vulnerable.

We all want our communities to be as safe as possible. Even the smallest piece of information can help reduce crime and disorder.

For more information contact Crime Director Email: watch@lpcl.com



NEIGHBOURHOOD Empowerment Team

Bike Index

Unfortunately we've heard of a number of incidents of stolen bikes this summer in La Perle, but you can increase your chance of recovering your bike if you add it to the Bike Index.

Visit https://bikeindex.org/ to register your bike. It takes about 2 minutes, and it's free. You'll need to provide your bike's details including serial number, make, model, and color. Add a photo and additional details like aftermarket parts, unique markings or stickers, etc. – the more details the better. Add a phone number to your profile when you register! Only law enforcement will be able to see it.

If your bike goes missing, mark it as lost or stolen on BikeIndex.org so if anyone finds your bike and searches it on Bike Index, they can contact you with its whereabouts.

Don't forget to report stolen bicycles to police (online or by phone at 780-423-4567) too.

Didn't register your bike before it went missing?

No problem! You can still create an account for your bicycle and mark it stolen on Bike Index. That way, if someone finds it, you can be contacted and reunited.

"What if my stolen bike is listed for sale online!"

Many stolen bicycles are found for sale online by the suspect. If you find your bike being sold online:

- Take screenshots of the ad ensure the ad # and any seller contact information is recorded
- Have your proof of ownership ready (your Bike Index account should have all the necessary details like serial #, Bike Index sticker number, photos, etc.)
- Contact police immediately at 780-423-4567 or come to a police station



EPS Crime Map

This map can be found at www.crimemapping.edmontonpolice.ca and it shows the type and locations of crimes in our city.

June, July & August stats: 3 Assaults (turquoise) 7 Thefts from Vehicles (blue) 3 Theft of Vehicle (purple)

Driving Safely

On August 6th, a city-side speed limit reduction was put in place by the City of Edmonton, the new default speed limit is 40 km/h. The speed limit around the school is still a marked 30 km/h.

Why 40?

Reducing speed limits in residential and high pedestrian areas makes streets safer, calmer, and quieter for everyone. Slowing down gives people more time to react and reduces the severity of collisions that do occur.



For more information about "Vision Zero" visit edmonton.ca/transportation/traffic-safety

We are an independent Dental Clinic. Our mission is to provide you with personalized care. Our team has the professional experience to realize that there is no such thing as one-size-fits-all treatment. We strive to serve each patient with a personalized, comprehensive treatment plan and coordinate with your dental insurance.

We have evening and weekend appointments available. We direct bill all dental insurance companies.

> Call 780-760-5004 to book an appointment All treatment provided by general dentists.

Located next to the West Jasper Place Public Health Centre. Phone 780-760-5004 Text 587-760-0433 www.laperledental.ca

Be Coyote Safe

Many residents have spotted coyotes in our neighborhood, you may have seen one yourself. It's important to know that while January/February is mating season for coyotes, there is an increased risk of danger as they may become less timid and more territorial through the summer when pups begin to leave the den.

Typically attacks against humans have been relatively rare, however incidents involving pets are not uncommon. Keep your pets indoors as much as possible, especially if you live near a green space.



Avoid having any attractants in your yard, which means picking up fallen fruit from trees, cleaning the BBQ grill, securing lids on trash cans, covering your compost piles, and removing anything else that might be a food, water, or shelter source for coyotes.

What to do if you see a coyote while walking your dog

- 1. Walk your dog on a leash no longer than 6 feet. This is long enough to let your dog have some freedom, but not so long that you can't easily control them at a moments notice. Retractable leashes make it difficult to reel your dog back in if they are pulling far ahead of you. **Pick up and carry small dogs**. It is important to have full control over your dog so that they do not run toward, away from, or otherwise engage the coyote.
- 2. Avoid walking your dog at sunrise or sunset. Coyotes are naturally active during the day, but urban coyotes have adapted to nocturnal behavior to avoid human activity. Either way, they are often active at twilight hours. If you're walking your dog during sunrise or sunset, be aware that it increases your chances of an interaction with a coyote.
- 3. Stand tall and assertive. Coyotes are typically wary of humans, and your presence is usually enough to scare them off. **Do not turn your back and run**, this may trigger their prey drive, and cause them to chase you.
- 4. Haze the coyote until it leaves. The kindest thing you can do for a coyote is to scare it away, especially if he or she is overly curious about dogs. Keeping up a coyote's natural fear of humans is the only way to keep urban coyotes alive, as an animal that becomes too brazen is sure to end up euthanized. Yell, stomp your feet, shake your jacket or noise maker, pop an umbrella, flash your flashlight, toss a rock or branches at the ground near the coyote and anything else that will frighten the coyote off. If the coyote freezes, or runs a little way away and turns to watch you again, continue hazing and moving toward the coyote until he or she leaves the area entirely. Then calmly and assertively walk out of the area.

