

VOL. 10 | APRIL 2023

IN THE LOOP



La Perle Community League Newsletter



OVERVIEW:

The Community League & You!

Welcome to La Perle!

As an organization, we strive to enhance life within our community and provide a safe, welcoming and engaging neighborhood for you and your family.

Many hours of volunteer work are invested by our Board of Directors each and every year. Through our collective efforts, we proudly manage our newly renovated hall, hosting a variety of events and activities all year long!

Mark your Calendars!

Earth Day Community Clean-Up - April 22, 2023
La Perle Community League AGM - April 26, 2023
Stars & Cars - July 22, 2023

- What is a Community League?
- Membership Benefits
- News
- Upcoming Events
- West Edmonton Seniors Activity Centre
- La Perle Playschool
- Annual General Meeting

Facebook: LaPerle Community League

La Perle Community Hall
18611 - 97A Avenue
Phone: 780-486-4426
Email: laperle@laperle-community.ca
www.lpcl.ca
Monday & Thursday 9am-12 noon

What is a Community League?

Our Community League is a group of people that come together at the neighborhood level, to make their community a better place. We're not-for-profit and led by volunteers that live in the community. We're your neighbors!

Community Leagues are an Edmonton thing! They are similar to community center & neighborhood associations, but over their 100 year history they have developed into their own unique model of local, neighborhood-level governance.

Neighborhoods in Edmonton can form a Community League and will receive some funding from the City to operate. Parkland is set aside for the League, and many Leagues, like ours, build Halls or community center buildings from which to operate neighborhood programs. Although they receive support and work closely with the City of Edmonton, Community Leagues are their own not-for-profits and operate independently. The League Hall and Rink are owned collectively by the members of the League.

If you live in Edmonton, You've probably benefited from your League even if you didn't know it! Have you skated at a local outdoor rink? Registered for community soccer? Participated in a Neighborhood BBQ? You may have enjoyed a local spray park that your League fundraised for or sat on a park bench the League asked the City for.

The amazing thing about Leagues? They are volunteer powered and the volunteers are your neighbors!!

Leagues Are:

- Not for Profits
- Non-partisan, with an inclusive mandate to serve the whole neighborhood
- Funded in part by the City, but their own unique and independent organizations under the Societies Act
- Volunteer run by neighbors who make up the board of directors
- Funded by the City of Edmonton, the Province, and creative fundraising
- Open to anyone who lives in the Neighborhood

Typical League Boards are made up of:

Treasurer, President, Secretary, Social Events Director, Civics Director, Program Director, Sports Directors, Rink Directors, and many more!

If you have ideas for how to make your neighborhood a better place, the League provides a platform to get the word out, fundraise, and mobilize. They have access to funding and a structure of accountability. But! They need volunteers like YOU to make it happen.

SCAN



What do Leagues do?

Build & maintain local amenities or "community assets"

- Fundraise for local parks
- Build community halls
- Community Gardens
- Basketball Courts/ Tennis Courts and more!

Local recreation and programming

- Skating rinks
- Soccer programs
- Seniors drop-ins
- Yoga

Bring neighbors together

- BBQs
- Garage Sales
- Coffee Drop-Ins
- Movie Nights

Provide people with a platform to have their voice heard at City Hall

- Leagues are non-partisan but can bring issues to Council
- Leagues are often consulted about developments in the neighborhood and engage in community consultation

History

The League system was started in 1917 by passionate citizens who wanted their voices heard at City Hall, and have been a part of Edmonton and the City's operations ever since. Edmonton enjoys a tradition of grassroots democracy because the Leagues have grown alongside the City.

In 1917, the Crestwood neighborhood was having trouble getting City Hall to listen to their concerns. The neighborhood was far from downtown, and they were struggling to get basic amenities like sidewalks. The idea of the Community League came from a model in the US called the "City Club" model- a group of men coming together to talk about local issues. Leagues were formed with a similar neighborhood-level focus but were non-partisan and open to anyone that lived within the boundaries of the neighborhood.

Membership Perks

With the purchase of your Community League membership you're supporting YOUR neighborhood. More Perks and Perk details on our website <https://lpcl.ca/become-a-member/>

- \$50 Discount at A&J Driving School
- 20% off one pickup order \$50+ at Jam's Pizza & Donair
- Discounts at Jubilations Dinner Theatre
- Free Community Swim at Jasper Place Pool Sunday 4-6pm
- Free Community Skate at any EFCL rink in Edmonton
- 10% Off House of Wheels Indoor Skate Park
- Reduced Rates at City of Edmonton Recreation and Leisure Facilities
- 10% Off Furnace & Duct Cleaning through Acclaimed! Plumbing and Heating
- 10% Off Yardly Lawn Care and Snow Removal Services
- Wholesale Pricing with Cloverdale Paint
- Register for Indoor and Outdoor Soccer, and La Perle Playschool
- La Perle Member Prices on Hall Rentals (must have held a membership from the previous year as well)
- Reduced rates for La Perle Sponsored Community League Events / Classes
- Vote at our Annual General Meetings. Two (2) Votes per Family. One (1) Vote per Single at our Annual Town Hall Meeting in April (Member in good standing for 6 months) Must have Membership to be on the Board
- Big Bin Event(s)
- Green Shack at the La Perle Playground
- Eligibility for Today's Dental \$500 post secondary scholarship. Must apply by the end of October
- And MANY more!

Memberships are valid September 1 - August 31.

\$35/Family, \$20 Single, \$10 Senior

You can purchase your membership online through the EFCL website www.efcl.org, at one of our Community League events, or through our Memberships Director, email: membership@lpcl.ca.

News

Family Day weekend 2023, we welcomed friends and neighbors out to our event to enjoy horse-drawn sleigh rides, kick-sled races, sledding, free skate, bannock making and hot chocolate!



Social Activities in La Perle

We'd love to hear from you! What kind of activities do you want to see hosted in our Community? Plant/Seed Swap, Book Club, Running Club, Sewing Circle? Bike Camps, First Aid Courses, Babysitting Courses, Mom & Tots Group? Games Nights, Movie Nights, Karaoke, Potlucks, Social Dances, etc.

If you have ideas or if you have a passion you want to share with La Perle - Let us know!! Email us board@lpcl.ca.

West Edmonton Seniors Activity Centre



Are you over 55? Looking to try something new in 2023?

The West Edmonton Seniors Activity Centre offers a wide variety of activities, courses, and classes for seniors in west Edmonton. Members can participate in virtual and in-person classes for Arts, Dance, Fitness, and Learning.

Take advantage of the \$2 "Toonie Talks", covering a wide variety of topics, visit the website for info <https://weseniors.ca/wsac/toonie-talks/>

Toonie Talks

- Insurance Q & A Workshop - April 4
- Optimizing The Retirement & Estate Planning - April 6
- Tips for a Healthy Spring for Seniors - April 6
- What you should know about Vision & Eye Health - April 13
- Fire Safety - April 18



Social

- New Member Tea - April 5
- Eggstravaganza - April 5
- Monthly Birthday - April 19
- Monthly Potluck - April 27
- New Member Tea - May 3
- Monthly Birthday - May 17
- Monthly Potluck - May 25
- New Member Tea - June 7
- Monthly Birthday - June 21
- Monthly Potluck - June 29

Activities

- Line Dancing - April 21
- 2023 Volunteer Appreciation - April 26
- Travel Trip - Enjoy Center - May 2
- Travel Trip - Mama Mio - Jubilations Dinner Theatre - June 6



In-Person Programs

Arts & Music - Acting & Improv with GeriActors, Watercolors for the Intermediate/Advanced Artists, Ceramics, Choir

Dance - Ballroom & Latin Dance, Clogging, Line Dancing

Fitness - WESAC Golf Program, Strength Training, Essentrics Stretch & Tone, Dynamic Movement, Essentrics Gentle Stretch, One on One Fitness Training

Lifelong Learning = The Making of Modern Ukraine, Art History - The Innovation of Art Nouveau, Foundations of Western Civilization 2

Yoga & Wellness - Mindful Meditation, Introduction to Ayurveda, Intermediste Yoga, Introduction to Hatha Yoga, Yoga for Beginners, Yoga for Arthritis, Chair Yoga, Quigong & Hunyuan Taiji, Foundations & Hunyaun Taiji, Pilatoga Beginner, Gentle Yoga, Restorative Hatha Yoga, Yin Yoga

Drop-In Classes & Pickleball - Woodburning, Knitting, Karaoke, Geneology, Photography, Games & More!

Meal Program

The West Edmonton Seniors Activity Centre offers a nutritious meal program for seniors in West Edmonton.

Re-Heatable - All meals are fully cooked so you simply need to reheat it and serve!

Free Delivery - Available to seniors who do not drive...our team of volunteer drivers and our friends at Drive Happiness will deliver your food orders to you!

Fresh Ingredients - Our Cafe team purchases fresh meat and vegetables the day before they prepare the meals. This is to ensure only the best ingredients go into every meal we prepare for you!

How to Order:

- Place your order: <https://weseniors.ca/what-we-offer/meal-program/>
- Send your order to foodorders@weseniors.ca
- Please call our centre at 780-483-1209 ext.244

Stars & Cars 2023

After a couple years hiatus, La Perle Community League is excited to bring back Stars & Cars in 2023!

Stars and Cars is an outdoor Community Event hosted by the League in July. The Event features first-responder 'Stars' like EPS, EMS, Edmonton Fire Services in one end of the park, a Classic Car Show at the other, and a ton of fun activities in between including Bouncy Castles, Face Painting, and a Vendor Marketplace. There's something for everyone!

Our Volunteer Committee is already hard at work planning this years event - but we need YOUR help to make it a success.

We're looking for community members to help us coordinate and run the event - Table and Tent setup/teardown, Traffic Control, Bouncy Castle Supervisors, etc. If you'd like to be a part of our 7th Annual Stars & Cars Volunteer Crew, we'd love to hear from you. Email stars@lpcl.ca.



THE EDMONTON FEDERATION OF COMMUNITY LEAGUES

IS DEDICATED TO BEING
RESPECTFUL, INCLUSIVE, AND
SUPPORTIVE OF THE LGBTQ+
COMMUNITY, BOTH AS AN
ORGANIZATION AND AS A WORK
PLACE. FURTHERMORE THIS
BUILDING STANDS AS A SAFE
SPACE FOR ALL MEMBERS OF THE
LGBTQ+ COMMUNITY FROM
HARASSMENT, DISCRIMINATION,
AND INTOLERANCE



(Image Source: photos.edmonton.ca)

Abundant Communities Edmonton

Did you know La Perle is a part of the Abundant Communities initiative? Abundant Community Edmonton is a grassroots initiative fostering neighbour to neighbour relationships.

The goal — to cultivate a culture of care and connection, increase the sense of belonging and inclusion, and ultimately create a more healthy and livable city — one block at a time.

SAY HELLO! SIT ON YOUR FRONT STEP

SPEND TIME IN THE FRONT YARD
WRITE POSITIVE CHALK MESSAGES
CREATE WINDOW ART

THANK YOUR NEIGHBOUR ON SOCIAL MEDIA FOR BEING AWESOME

CONNECT
YOUR BLOCK, BUILDING OR FLOOR
DELIVER A CARD OR FLOWER

GET TO KNOW YOUR NEIGHBOURS
OFFER TO MOW YOUR NEIGHBOURS LAWN

SHARE WHAT YOU HAVE

BAKE EXTRA & PASS IT ON
START A NEW TRADITION
GARDEN TOGETHER
BUY FROM LOCAL BUSINESSES
CLEAN UP THE NEIGHBOURHOOD

PLAY TOGETHER
HOST A BLOCK PARTY (BRING YOUR OWN PICNIC!)

DANCE IN THE STREET
ORGANIZE A CAR PARADE



For More Information, Visit: efcl.org

Pop-Up Dog Parks

The City of Edmonton is testing a new Pop-Up Dog Park project throughout the city, including La Perle/Belmead. For more information, including FAQ's, visit edmonton.ca/popupdogparks. Email offleash@edmonton.ca or call 311



Block Parties & Play Streets

What is a Block Party? A Block Party is an opportunity for neighbours to get together, meet each other, have fun and work together on a common activity.

What is a Play Street? Play Streets are gatherings that allow neighbours to play together in residential streets closed off to vehicle traffic.

Visit the City of Edmonton website for more information about how you can organize a Block Party or Play Street.

Scan the QR code to download the Block Party/Play Street Guide!



10 Great Reasons to Host a Block Party or Play Street

1. Helps us feel safe by knowing who lives around us.
2. Promotes interaction between neighbours of all ages.
3. Increases a sense of belonging to the community.
4. Provides an opportunity to know your neighbours better.
5. Encourages neighbours to look after each other & the neighbourhood.
6. Connects long-time and new neighbours, and teaches about neighbourhood history.
7. Builds stronger communities which have the power to make a difference.
8. Animates open spaces for social gatherings and safe, active play.
9. Boosts our health when we feel welcomed and included.
10. It's fun!!

Edmonton Neighborhood Watch

Getting to know your neighbours is vital. Not just 2 or 3 people on your street, get to know the majority of the people who live around and near you. You don't need to become best friends but knowing each other by name and feeling comfortable enough to knock on a neighbours door can change your neighbourhood. **Neighbours who know one another look out for one another.**

Hosting a **Block Party** is not only a great way to meet your neighbors, but you will be able to share some information with them that will help create a safer neighbourhood for everyone.

Register for **Walk Your Block**. This program gets residents walking in their own neighbourhood. It is not an organized patrol... it is simply taking a walk where you live. Say hi to neighbours, get to know who and what belongs on your street and be visible. Crime is significantly reduced where community residents are visibly present and are actively involved on their streets and in their neighbourhoods. Crimes don't take place where criminals can be observed. The more you walk, the less likely your neighbourhood will have criminal activity. You are likely already doing most of this program. Now you only have to register (just once) and then log each of your walks (it takes only a minute).

1. Walk - Walk your dog, take daily walks/runs, even walks to the park with your children.
2. Be friendly - Take time and greet your neighbors.
3. Be aware - Be familiar with the homes & vehicles in your area.
4. Report suspicious activities to the police at 780-423-4567. Do NOT confront suspicious individuals.
5. Log your walk through the Edmonton Neighborhood Watch website <https://enwatch.ca/>

By logging walks, you help Edmonton Neighborhood Watch along with the Edmonton Police Service identify areas where residents are involved and where we can look at how the program is affecting crime.



La Perle Community Playschool

La Perle Community Playschool is a non-profit, parent-cooperative playschool program that provides a 'learn through play' program for three and four-year-old children; located at Aldergrove Community League Hall, 2nd Floor, in Edmonton, AB Canada.

Parents play a role in the learning. This gives parents a unique opportunity to experience what your child does at playschool!

Philosophy of the Playschool

The activities provided and organized for the children of the Playschool should be creative and stimulating, and should foster an atmosphere of friendship and cooperation. The objectives of the program are:

- Encourage learning through play
- Develop speaking, listening, and learning skills
- Enhance small and large muscle development
- Provide an opportunity for preschoolers to socialize with their peers
- Contribute to the involvement of parents in the education of their children
- Operate as a parent-cooperative playschool

Philosophy of the Teachers

Together, we will enhance the children's understanding of the world around them. We will explore physical, social, and thinking skills through participation and interaction. It is our goal that students have fun and grow through learning at the La Perle Community Playschool.

Our free play centers include a variety of art opportunities, sensory play, dramatic play, open ended toys, math, science, and literacy centers.

3 Year Classes – Mondays & Tuesdays

Morning class – 9:00 AM – 11:00 AM

Afternoon class – 1:00 PM – 3:00 PM

4 Year Classes – Wednesday, Thursday, & Friday

Morning class – 9:00 AM – 11:15 AM

Afternoon class – 12:45 PM – 3:00 PM



LAPERLE
Community
Playschool
The Stepping Stones of Early Learning

OPEN HOUSE

Tuesday, April 18th
6:30pm – 7:30pm

3 and 4 year classes
Morning & Afternoon

Meet our teacher and
teacher assistant

**Register for the
2023/2024 school year
to secure your spot!**



WE HAVE MOVED

8535 – 182 Street
(We are located inside Aldergrove
Community League Hall)

www.laperleplayschool.com





LA PERLE COMMUNITY LEAGUE ANNUAL GENERAL MEETING

April 26, 2023 - 7pm
La Perle Community Hall
18611 -97a Avenue



Follow our event on
Facebook for updates
<https://fb.me/e/2Hr4rflka>

Board Director Annual Reports & Elections

- Updates from the Community League Board of Directors, & End of Year Reports
- Upcoming Events & Activities in 2023
- Board Director Elections - Looking for President, Treasurer, Civics, Casino and Crime Prevention positions! Membership required to be elected or to vote. (2 Votes per Family, 1 Vote per Single/Seniors)
- Volunteer Call and Community Feedback - Events Committees, Crime Prevention/Neighborhood Watch



Guest: Andrew Knack

- Community Conversation

Everyone welcome to attend! We always want to see new faces!
Come learn more about YOUR Community League.

WWW.LPCL.CA

Who We Are - Meet the Board!

La Perle Community League centers around our Community Hall, where we strive to bring the community together. The Community League is a non-profit organization and has a Board of Directors made up of volunteers.

President: Bill Bowers (Outgoing)
Vice-President: Shaun Jones
Treasurer: Janet Doblanko
Secretary: Tiffany Conrad

Memberships Director: Dave Umrysh
Communications Director: Karin Ferrari
Facility Director: Janet Doblanko
Facility Manager: Cathy Johannesson

Vacant Positions: Civics Director, Crime Prevention Coordinator, Social Coordinator, Events Coordinator, Casino Coordinator, Volunteer Coordinator